

Woody Smith's Newfoundland Dog Elbow Shampoo

Research discovered many Canadian breeders and trainers use this recipe
Dawn (white) or Palmolive (green original only) dish soap & glycerin.
Many other people add vinegar.

Here is what I use to shampoo ELBOWS OF DOG:

- 16 oz (or 2 cups) water
- 1 + 1/2 teaspoon Dawn (white) or Palmolive (green original) dish soap
(it matches the PH of Newf skin)
- 1/4 teaspoon glycerin. Available at RiteAid
- 1 + 1/2 teaspoon apple vinegar

Be sure to stir often to keep the glycerin mixed in solution.

Discussion:

This is basically skin exfoliation. Gradually (over 20 or so baths) this helps soften and reduce the callus on the elbows. Do not use this technique if dog's skin is broken or there are open sores.

Prepare:

- Pre-mix shampoo as above in a wide bowl or wide pail.
- a full size (9" x 3") natural fiber desk brush.
The kind with the wood base, but others might work as well
- a terry cloth washcloth, normal size



Procedure:

- dip a terry cloth wash cloth into a bucket of mixed shampoo.
Shake into pail so it is not dripping, but is still VERY WET.
- wrap the terry cloth wash cloth around the desk brush.
- pull the dog's skin taut over area to shampoo. Try to hold fur off bare skin area.
- LIGHTLY brush the elbow area in one direction several times back and forth.
- dip a terry cloth wash cloth into a bucket of mixed shampoo.
Shake so it is not dripping, but is still VERY WET.
- wrap the terry cloth wash cloth around the desk brush.
- LIGHTLY brush the elbow area in CROSS DIRECTION several times back and forth.
- rinse off shampoo. I like to take dog outside and use hose on low flow to rinse the small areas.
- towel dry dog or blow dry dog
- wait several days before repeating. Dog needs time for skin to recover.

